

Common symptoms of a Cold, the Flu and COVID-19

Symptom	Cold	Flu	COVID-19
 Fever and/or chills		✓	✓
 Headache		✓	✓
 Muscle pain or body aches		✓	✓
 Feeling tired or weak		✓	✓
 Sore throat	✓	✓	✓
 Runny or stuffy nose	✓	✓	✓
 Sneezing	✓		
 Cough	✓	✓	✓
 Shortness of breath or difficulty breathing		✓	✓
 Vomiting and diarrhoea		✓	✓
 Temporary loss of smell or altered sense of taste			✓

Adapted from The National Institutes of Health (NIH)

If you or a family member becomes very unwell, has difficulty breathing or feels unsafe, immediately call 111.